

Forsyth Decathlon to Start

May 22, 1968

Forsyth County's fifth annual decathlon will be held today and Thursday at North Forsyth.

Contestants will compete in 10 events. Points are awarded on a sliding scale for performance in each event.

Today the boys will run the 100-yard dash, the 440-yard dash, take part in the high jump, broad jump and shot.

On Thursday, the competition will be in the high hurdles, discus, pole vault, triple jump and mile run.

Each contestant must take part in at least nine of the 10 events. A contestant must reach a certain level of performance in each event to get points. The top award in each event is 1,000 points.

To score 1,000 points in each event, the contestant would have to run the 100-yard dash in :09.8, broad jump 21 feet, 2¼ inches, throw the shot 45 feet, 7¾ inches, high jump 5 feet, 10 inches and run the 440-yard dash in :50. He would have to run the high hurdles in :15, throw the discus 135 feet, pole vault 11

feet, 7 inches, leap 44 feet in the triple jump and run the mile in 4:50.

Only a few boys have hit 1,000 points in any of these events in the first four years.

Joe Testo of Winston-Salem Reynolds pole vaulted 11 feet, 7 inches in 1964. Marty Beeson of East Forsyth ran the mile last year in 4:48.7.

Ronnie Short of Reynolds threw the shot 50 feet in 1964.

Most of these times have been bettered in dual meet competition, but it is a lot harder to run these events when the boy must do five of them in one afternoon.

Trophies will be awarded to the top five finishers in the two-day competition.

Forsyth Decathlon Set This Week

May 22, 1968

The fifth annual Forsyth County high school decathlon will be held at North Forsyth Wednesday and Thursday, May 22-23.

The two-day event is open to any high school boy in Forsyth County, whether he is a track team member or not.

Contestants compete in 10 events over a two-day period. Each boy must make an attempt at nine of the 10 events. He may pass one, though this lowers his score.

Points are awarded according to the performance in each event and the winner is the one with highest point total at the end of the ten events. Records are kept in each event.

There is sure to be a new champion, Dennis Lewis, last year's winner from Paisley, graduated. Ronnie Jenkins of North Forsyth, who was runnerup, has also graduated.

Other winners last year were Timothy Jones, Paisley, in third place, David Enochs, Reynolds, in fourth place and James Parker, Paisley, in fifth place.

Lewis was the winner in 1966 with Terry Dug-gins of West Forsyth second.

John Stewart of West Forsyth won in 1965 with Roland Barnhardt of Reynolds second.

Roger Staley of Children's Home was the first winner in 1964 with Joe Testo of Reynolds second.

On the first day, the boys will compete in the 100-yard dash, the long jump, shot put, high jump and 440-yard dash. On the second day, the competition is in the high hurdles, discus, pole vault, triple jump and mile run.