

## 1994-95 All-Mecklenburg Girls Cross-Country

1/18/95

### First Team

Name	School	Yr.	Comment
Ayron Dubinsky	Providence Day	Sr	NCISAA champion ran best time of 19:45 this year
Stephanie Alexander	W. Mecklenburg	Jr	Three-time all-conf star ran best time of 19:45
Kim Robinson	W. Mecklenburg	Jr	All-conference star turned in best time of 19:49
Natalie Hollar	N. Mecklenburg	So	Second-best Meck Co. finisher at NC 4A finals; best of 20:08
Courtney Horn	Myers Park	Fr	One of few fr. to make any All-Meck team; ran best of 20:10
Beth Herrman	Providence	Sr	Southwestern 4A champion ran best time of 20:38
Emma Lindell	E. Mecklenburg	Sr	Lindell ran a time of 20:32 for Eagles this year.

Coach of the year — Kurt Niedenzu, Providence.

Runner of the year — Ayron Dubinsky, Providence Day

### Second Team

Kim Grier, N. Mecklenburg, So.; Mary Van Hellefont, E. Mecklenburg, So.; Becca Walker, Myers Park, So.; Rachel Roberts, E. Mecklenburg, Jr.; Kelly Wolff, Providence, Sr.; Erin White, Providence, Jr.; Shana Jung, E. Mecklenburg, Jr.

Note: Times are best reported

## 1994-95 All-Mecklenburg Boys Cross-Country

### First Team

Name	School	Yr.	Comment
Justin Niedzialek	Providence	Sr	15:42 was best time; rated No. 4 in N.C. coaches poll
Pen Perry	E. Mecklenburg	Sr	16:04 was best time; rated No. 11 in N.C. coaches poll
Josh Morgan	S. Mecklenburg	Jr	Had best time of 16:15. SW 4A conf. meet runner-up
Derrick McGarry	Char. Country Day	Sr	Two-time All-Meck runner had best time of 16:25
Brian Lesesky	Providence	So	Southwestern 4A all-conf performer had top time of 16:19
Rob Reynolds	Myers Park	Sr	Repeat All-Mecklenburg performer; best time: 16:48.
Ben Hovis	Providence Day	Jr	All-conference in CISAA; ran best time of 16:45

Coach of the Year — Ben Hovis, Providence Day.

Player of the Year — Justin Niedzialek, Providence.

### Second Team

Greg Prudhomme, E. Mecklenburg, Sr.; Shane Walts, E. Mecklenburg, So.; Kevin Cutts, E. Mecklenburg, Sr.; Mike Mauriello, S. Mecklenburg, So.; Lee Long, N. Mecklenburg, Sr.; Derric Whiteside, Providence; Wes Noice, E. Mecklenburg, Sr.

Note: Times are best reported

## Cross-Country 1/18/95

■ In cross-country, Providence's Justin Niedzialek finished the season rated No. 4 in North Carolina by the N.C. cross-country coaches. He was the highest-rated runner in Mecklenburg County and ran the fastest reported time — 15:42 — of any area runner.

Providence Day's Ayrton Dubinsky tied for the girls' fastest reported time — 19:45 — with West Mecklenburg's Stephanie Alexander.

Dubinsky wins the runner of the year award based on her time and her CISAA conference championship and her N.C. Independent Schools state championship.

■ The boys cross-country coach of the year honors go to East Mecklenburg's Larry McAfee for the second year.

McAfee led his team to an unprecedented 10th consecutive Southwestern 4A title.

The girls coaching award goes to Providence's Kurt Niedenzu after the Panthers won their fourth straight crown.